

Nutramigen - instructions for preparation and use

For your baby's health we advise you to carefully follow the instructions for preparation and use.

Proper hygiene, preparation, dilution, use and storage are important when preparing the product. Do not use a microwave to warm the product. Powdered preparations intended for infants are not sterile and should not be fed to premature infants or infants who are immunocompromised unless directed and supervised by your baby's doctor. Always ask your baby's doctor which product is appropriate for your baby.

Failure to follow these instructions could result in severe harm.



- 1.** Wash hands thoroughly. Clean bottles, nipples, caps and utensils in water (1 minute at a rolling boil).



- 2.** Boil fresh, cold water. Cool down to room temperature. Pour desired amount of water into clean bottle.



- 3.** Add required number of **level** scoops of powder (see feeding guidelines on the can's label). Store **dry** scoop in the can.



- 4.** Close bottle, roll and **shake well** until powder dissolves completely (**approx. 1 minute**). Check temperature on inside of your wrist.



- 5. Once prepared, formula can spoil quickly. Feed immediately after preparation** or cover and store in a refrigerator at 2–4°C for no longer than 24 hours.

Do not freeze prepared formula and do not use if unrefrigerated for more than a total of 2 hours. Use formula that has been in contact with your baby's mouth within 1 hour and do not refrigerate. Throw away prepared formula left in bottle and clean utensils.

Nutramigen 1 LGG®

Age: 0-6 months.

Feeding guidelines, unless your healthcare professional advises you otherwise:

AGE	APPROX WEIGHT	BOTTLES/24 H	WATER (ml)	+SCOOPS Δ	AVERAGE ML OF FEEDING
0–2 weeks	< 3–3,5 kg	6	90	3	100
2–4 weeks	3,5–4 kg	5–6	120	4	130
1–2 months	4–5 kg	5	150	5	170
2–4 months	5–6,5 kg	4–5	180	6	200
4–6 months	> 6,5 kg	4	210	7	230

Nutramigen 2 LGG®

Age: 6 months onwards.

Feeding guidelines, unless your healthcare professional advises you otherwise:

AGE	BOTTLES/24 H	WATER (ml)	+SCOOPS Δ	AVERAGE ML OF FEEDING
6–12 months	2–3	210	7	230
> 1 year	2	210	7	230

Δ **Only** use scoop in can to measure powder. 1 level scoop (4.5 g) to each 30 ml of water. Do not press powder into scoop and level off with the back of a clean and dry knife.



www.nutramigen.se

Important notice: Breastfeeding provides the best nutrition for babies.

Nutramigen is a food for special medical purposes and should only be used under medical supervision. Not for intravenous use. *Trademark of Mead Johnson & Company ©2020 Mead Johnson & Company. All rights reserved. LGG® is a registered trademark of Chr. Hansen. FEB 2020. SE-NUT-2020-002.